



PLEASANTVILLE

HOUSING

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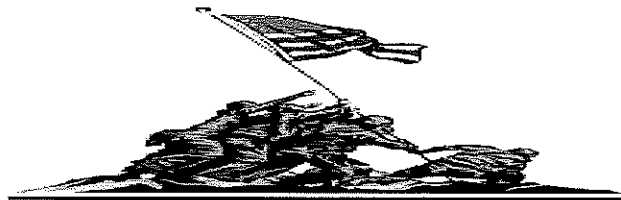
**Pleasantville Housing Authority
Resident's Program News Letter
MAY 2019, NEWS LETTER ADDITION:**

The Ross Service Coordinator:



Hello seniors! 5/1/2019

April showers are gone and May flowers are among us. The winter was relatively mild, but we did have some cold brutal days. Finally, the warm weather is here and as the Ross Coordinator, I hope to see more of our senior tenants participate in our monthly trips and other scheduled activities. I truly understand that some of you don't feel as youthful as you used to and it seems as if time has passed you by, but that not often true. Like I stated in the previous New Letters, It's a New Year seniors and as the Ross Coordinator, I'm going continue to push, shove and mentally motivate all of you that are willing to take that next step. Remember, the purpose of the trips is to keep our seniors active and socially involved in group activities. More Importantly, I need all of our residents to collectively come together as a PHA Family United and decide what trips and other activities they would like to do. Remember, this is your home of residency and if you want things to change, "**YOU MUST LET YOUR VOICE BE HEARD**" Also, I'm requesting that our Spanish population get more involved in community activities. Reminder to all tenants, Mother's Day is Sunday, May 12th, 2019. Therefore, to the all mother's that live in PHA's facilities, this is a special day set aside for you so enjoy your day. FYI- Don't forgets to wear your Sunday's best. Once again, I have several events planned for our tenants. Therefore, **I ENCOURAGE all of our RESIDENTS** to participate in all activities. Below is just a few of (**MAY'S UPCOMING SCHEDULED EVENTS**) that may capture your Interest: **Columbus Market May 9th, 2019, Departure Time: 10 am 156 building.**



Scheduled Events For The Month Of May, 2019

SABRINA DEVANE- Is a **licensed Medicare Agent for LP Insurance Marketing Group**. On May 5th, 2019, Ms. Devane accompanied by her Sales Executive will give a presentation in our **140 Community Lobby from 12pm to 4pm**. During that time segment both representative will educate our residents on a variety of information on **Horizon NJ Total Care (HMO SNP)**. All residents interested in receiving additional care are invited to attend the presentation. Here's what is included:

COLUMBUS MARKET- On May 9th 2019 Residents will have the opportunity to go shopping and a day to get out of the building for a day in the sun. Departure time 10 am 156 building. However, it was agreed upon in the tenant's meeting that any resident that wants to go on the trip will pay a \$2 dollar deposit to secure his or her seat on the trip. The \$ 2 dollars will be refunded on the day of the trip. However, if the resident does not inform the Ross Coordinator the day before the trip that he or she has decided to cancel, the money will go into the tenant's association fund to be used for future trips.

CARING HEALTH CARE SERVICES -Outreach worker Ms. Garcia including Diane Conover RN will conduct a brief presentation on May 24, 2019, in our **140 Community Room from 2:30 pm to 3:30 pm**. The activity of the day wills **Bingo prizes** will be rewarded including snacks & refreshments.

BUREAU OF CENSUS - Dana Canada business representative will conduct a seminar on **May 17, 2019, @ 11 am to 3 pm**. The seminar will help employ our resident @ \$16 dollars an hour. The program will give our residents and people in the community the opportunity to work and earn extra money. The program ends on September 1, 2019.

ADULT ACTIVE DAY OF GALLOWAY- Social Service Manager will report to our facility on May 21 2019, to play multiple games of bingo with our residents as well as provide them with rewards, snacks & refreshments. Game time will begin@ 2:30 pm To 3:30pm.

COUNCILMAN DAVENPORTS- Reports that he would like to have a "**Mother Day Extravaganza**" at the end of the month preferably May 31st, 2019. However, it's not definite as of now, but once he contacts the Ross Coordinator to either cease or proceed with the event, the information will be posted in both High Rise Buildings

Tenants, please be mindful of the current ongoing monthly programs inside the building:

- **Dr.Colon** - As of **November 28th, 2018**, **Director, of Stockton Center for Community Engagement, Professor of Social Work @ Stockton University**, will continue to meet with our Tenants for their weekly Spanish & English Class that she attends monthly. During this time, she will provide them with new homework assignments and quiz them on what they have learned.
 - **Tenant Association Board For Resident's Complaints & Concerns:** Once a month on Tuesday morning starting @ 9 am till 11 am residents have the opportunity to bring their complaints concerning any problems that maybe effecting living conditions in the building. All complaints will be heard and addressed and forwarded to management in the order in which they were received. The next scheduled meeting is for May 7th, 2019.
 - **Tenant's Association Meeting** – On May 8th, 2019, the Tenant Association will have its regular scheduled meeting @ 3pm until 4:30 PM.
 - **Stockton University students**- Stockton Students will continue to meet with our residents on a Monthly basis. The next scheduled date is on May 3, 2019 from 2pm to 4pm.
 - **Active Day Of Galloway**- The next scheduled time to report to our facility to play Bingo with our Residents on a monthly basis. The next scheduled event will be May 21, 2019 @ 2:45 pm to 3: 45 pm.
 - **FOOD BANK**- Every Thursday morning starting @ 9:30 am, there's a weekly food bank delivery @ the 156 N. Main Street Building. In addition, every third Thursday evening @ 1 pm, there's an additional shipment which certain residents are given a box of assorted food items. Residents that receive the box package must be certified with a letter of verification of income to qualify.
 - **Bread & Produce Distribution:** 2nd Friday of Every Month; Time: 11am-3pm location 301 Woodland Ave. Please bring your own bags.
- Regular Food Pantry:** The last Two Fridays Of every month; Time: 3pm-3:30pm

location 301 Woodland Ave.

Local Resident/Neighbor: have incorporated a weekly crocheting class. Tenant Ms. Weaver conducts a weekly Crocheting class every third Thursday and one Wednesday once a month. The name of the class is called "**Praying Mothers Crochet.**" The class is from 10 am to 12noon. Residents are encouraged to sign up. If interested contact Ms. Weaver.

Resident's BI-Weekly Bingo; The Dates are subject to change base on sudden scheduled changes. The next scheduled Bingo date is scheduled on May 17 & 31 , 2019 @ 2:30 pm To 4pm.

Pastor Richard Younger of Living Water Wesleyan Church has a weekly Bible Study every Thursday evening from 3 pm to 4 pm. & Third Wednesday of the month. All tenants are invited to attend; Please don't miss the message.



Literacy Class scheduled on every Monday @ 10 am until 12 pm.

The following information is covered:

- Basic Skills (reading and writing)
- English as a Second Language
- Health Literacy
- Financial Literacy
- Citizenship
- Workplace Readiness

Students must be 18+ and not enrolled in school.

All tenants are encouraged to attend. It's never too late to learn!!



New Programs Added To Monthly Programs In Buildings

- **Ameri-group**- as **of March 22, 2019 Priscilla Rodriguez** has been added to our monthly event roster and will conduct a monthly Bingo Game with our residents. They will supply games and refreshment; let's welcome them into our PHA FAMILY. The programs listed on the roster have been scheduled for each month for the next three years.

- **JCC BALANCED LIVING ON MARCH 22,2019 @ 1:30 PM & SITE SUPERVISOR Bridget Estrada along w/HORIZON BLUE CROSS BLUE SHIELD OUTREACH NURSE LaDonia Moultrie** introduced our residents to several programs that they have implemented to our day program. The programs will become effective as of April 2, 2019. All of these programs will take place on a weekly basis. Some of the services offered are as followed:

Exercise –Every Tuesday @ 1:30 pm to 2:30pm

Horizon Health Screening one-time on Wednesday once a month from 1:30 pm to 2:30 pm.

Healthy Cooking one-time on Thursday once a month from 1pm to 2pm

Ask Pharmacist one-time On Thursday once a month from 3pm to 4pm

Game Day Dominos, Chess, Music, & snacks On Thursday once a month from 3 pm To 5 pm.

- **Egg Harbor Care Center** –Effective as of March 26th, 2019 has now become part of the PHA Family. **Marketing Director Theresa Cahill** will report to our facility once

a month where she will engage with our residents for a game day that will include bingo, prizes, snacks, and refreshments.

Outside & Inside Special Community Events Scheduled For Our Seniors:

Patricia W. (Trish) Collins, MA/OM Community Engagement Liaison and Adjunct Instructor Stockton Center for Community Engagement and Stockton Center on Successful Aging On May 3, 2019 in our 140 Community Building will have her final event with Stockton Students. All tenants are invited to participate in a day of fun filled activities that will consist of: an **AFTERNOON TEA, & SCAVANGER HUNT, BINGO & DOMINOS** with our senior residents. In addition, there will be a Birthday celebrations for all residents for the past three months.

COLUMBUS FLEA MARKET – May 9th, 2019 DEPARTURE TIME/10:00 AM 156 BUILDING LOBBY; PLEASE BE ON TIME. WE NEED MORE RESIDENTS TO ATTEND!!!

COUNCILMEN DAVENPORT –has planned a Mother's Day Extravaganza with all our seniors

In addition, as the **Ross Coordinator**, I'm asking all residents to at least try to take advantage of some of the programs that come to the building as well as upcoming future trips.

BIRTHDAY WISHES TO ALL OUR TENANTS FOR THE PREVIOUS MONTHS!!!

Patricia Collins including Stockton University Students has teamed up with Ross Coordinator to provide an Afternoon Tea, Scavenger Hunt & Birthday Celebration; All residents are invited, however, this special day will be for all our Mothers that live on the property. Please come; it's going to be a blast. The date of the event will be posted on the bulletin board and inside the elevators.

We will continue to **celebrate our senior's birthdays** The next birthday event will be in May 2019. It will cover the **past three months of senior's birthdays**

REMINDER: As of May 3rd, 2019, Stockton University Students as well as their Liaison Ms. Patricia Collins will participate in celebrating our **TENANT'S BIRTHDAYS** on "**GAME DAY**". This will be the final celebration until the fall semester.



TO ALL RESIDENTS WHO COMPLAIN BUT DO NOT PARTICIPATE IN ANY EVENTS:

It's imperative that all residents make their presence be known. This is why we incorporated a **Tenant Complaint Board**. Start voicing your opinion where it counts; not in the hallway lobbies. If you want management to meet some of your needs then it's your responsibility to do your part as a tenant. However, when you sit in the lobby and gossip and complain about insignificant matters nothing gets accomplished. Below are some examples:

- DO NOT attend Tenant Meetings
- NON-attendants on scheduled group trips
- FAIL to participate in building group activities.

Sometimes I know getting out of the bed early in the morning can be a problem, but don't let the winter months stagnate your mobility.

As the **Ross Coordinator**, I will **need the assistant of our resident's ideas more than ever**. As we continue this journey together, the trips will continue to press on. I have received several requests from residents for another **bowling, Cow-town trip and Berlin**. I have previously scheduled these trips for March, April and May. Therefore, resident's attendants are desperately needed in order to keep these events active.

**KITCHEN RE-OPENING SOON!!
140 COMMUNITY ROOM**



Unfortunately, we are still searching for a legitimate cook that possess professional cooking skills. If there's anyone you know that will be willing to

donate their time one or two days a week have that person contact the "**Ross Coordinator**" @ 609-646-3023-ext 105 or stop by the **156 office building**. In addition, we will need two residents to help the person who sure fulfill this position.